

Stone Temple, El Alto and Granite Ridge Youth Mountain Bike Camps  
June 10 through June 24, 2025

*\*Please let us know if you do not have any of the required items*

**\*Required**

- helmet
- bike (ideally your bike should be in good working order, we will have a bike stand, tools and volunteer bike mechanic on hand)
- body protection (knee guards, elbow pads, etc.) - these will be available from the camp if you do not have your own
- closed-toe shoes for cycling (no sandals allowed for cycling)
- a small backpack to carry water, water bottle, snacks, tools, spare clothing, etc.
- sunglasses (eye protection)
- biking gloves
- sunscreen
- bike repair equipment (tube, pump, patch kit, basic tools, etc.)
- sleeping bag or sheets/blanket
- pillow
- clothes for 4 to 5 days (rain gear; warm and cold weather clothing)
- heavy duty shoes or boots (for hiking and playing on the rocks)
- jacket (multiple layers)
- towel and washcloth
- toiletries
- daily medicine, inhalers, etc., whatever you normally take or need on a daily basis
- POSITIVE "HAVE FUN" ATTITUDE

**Recommended**

- sleeping pad (boys for Stone Temple should bring pads; cots and pads will also be available from the camp)
- cycling gear (non-cotton jersey, cycling shorts, windbreaker, etc.)
- swimming suit, water shoes
- flashlight, headlamp
- favorite game, deck of cards
- yoga or similar exercise mat (if you own one; yoga mats will be available from the camp)